

# Newborn Photography: All you need to know!



Georgina Richards  
PHOTOGRAPHY

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In the blink of an eye,  
they grow.  
But in a photograph,  
they stay tiny...  
...Forever!

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# About

Welcoming a newborn into the world is one of the most precious and fleeting moments in life. As a newborn focussed photographer, I am dedicated to capturing those early days with warmth, care, and artistry.

My goal is to create timeless images that showcase the pure innocence, love and connection within your little family.

Selecting your newborn photographer can be overwhelming, there are so many photographers to choose from at different prices and experience, and it can be a lot to take in, especially with everything else going on!

As a parent myself, I understand the importance of creating a stress-free and enjoyable experience for families. My approach is gentle, natural and focused on telling your family's story in the most authentic way. Each session is tailored to your baby's needs working at their pace, and I strive to provide you with stunning, heartfelt images that you will cherish forever!

If you're expecting and would love to document these first precious days with me, I'd be honoured to be part of your journey.

*Let's make something beautiful together!*



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# What to expect at your Newborn Photography session

Bringing your newborn for a photography session can feel overwhelming, but rest assured, my sessions are designed to be a calm, relaxed and enjoyable experience for the whole family. With an approach that prioritises comfort, patience, and flexibility, providing gorgeous images- without the stress.



## *A Baby-Led, Relaxed Experience.*

Unlike traditional sessions that run on a schedule, my newborn sessions are completely **untimed**. We work at **your baby's pace**, allowing plenty of breaks for feeding, cuddling and soothing. There's no rush - only a gentle, natural flow that keeps baby & parents at ease.

## *Family & Sibling Friendly Sessions*

If you've booked a **family session**, I understand that keeping siblings engaged can be a challenge. That's why I always **prioritise sibling shots first** - capturing their excitement and love for their new baby while their attention is at it's best.

After their photos are done, there are **activities for them to enjoy** while I continue focusing on your newborn. If siblings need a break, there's **free Wifi** at the studio, and for dads who might need to entertain little ones further, a **lovely little park just down the road**, perfect for a short outing while we finish up the session.



# What to expect at your Newborn Photography session ...Continued!

## *Time to Relax & Enjoy the Moment*

Many parents worry that a newborn session will feel chaotic, but I promise - **it's not chaos at all**. It's a calm, peaceful process where your baby is safely and gently photographed while you **sit back and relax**. In fact, I encourage parents to take a moment for themselves - **yes, even with a hot cup of coffee!**

## *A Session Tailored to You*

Every baby is unique, and every session is adapted to suit their needs. Whether they need extra cuddles, a feeding break, or just a moment to settle, we embrace the rhythm of your little one.

Newborn photography is about capturing this fleeting beautiful stage without stress or pressure. You don't need to worry about a thing - just come as you are, and I'll take care of the rest!



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# What to wear to your session

## *Choosing the Perfect Outfits*

Clothing plays a big role in creating timeless, beautiful newborn portraits. I always recommend **neutral, soft tones** such as whites, creams, beiges, and pastels. These create a **wholesome, classic look** that won't date over time, ensuring your images remain just as beautiful years from now.

## *Why Avoid Bold Colours?*

Bold, bright colours and strong patterns can be distracting and may even reflect onto your baby's delicate skin. Sticking to **soft, neutral shades** keeps the focus where it should be - on the pure connection & love within your family.

## *What Should Parents & Siblings Wear?*

For parents and siblings joining in the photos, coordinating outfits in **complementary neutral tones** creates a soft, cohesive look. Simple textures like linen, knits, or cotton work wonderfully. Avoid logos, busy patterns and neon colours as they can overpower the delicate details of your baby.



# What to bring for baby

## *Preparing Your Baby for the Session*

I have a beautiful selection of wraps, blankets, and accessories, so there's no need to bring anything specific unless you have something special in mind.

## *What to Bring:*

**-Special outfits for family photos** - If there's a particular outfit you'd like your little one to wear for the family portraits, feel free to bring it along!

**-Meaningful Blankets or Teddies** - If your baby has a cherished blanket or soft toy, I'd love to incorporate it into the session. The sentimental touches make your images even more special.

**-A Well-Fed & Comfortable Baby** - Feeding your baby just before arriving (or as soon as you arrive) helps them feel sleepy and settled for those dreamy, curled-up poses.

**-Comforter/Dummy** - If you are using a dummy to soothe baby, please bring this along, if you are using a bottle, a small amount of milk can also keep to keep baby in a relaxed happy state during posing.

Above all, the goal is to create a relaxed and **stress-free experience** where you can soak in these early moments with your little one. I'll guide you through every step, ensuring we capture the most beautiful, heartfelt images of your newborn and family.



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# Future sessions

